

## **What to wear and bring to Multi-Activity Camp?**

- Come dressed in practical outdoor clothing (not your favourite shoes or tops as we may get wet and muddy!)
- Wear comfortable footwear (no flip flops/sandals please)
- Water bottle
- Sun cream
- Sun hat
- Warm layer
- If weather is looking wet, waterproofs (we will be outside for many activities)
- Change of clothes (in case we get really adventurous!)
- Lunch & 2 snacks
- Bag/rucksack

## **What additional kit do I need for Watersports 2-day camp?**

- Bring clothing to get wet in (board shorts, rash vest and/or wetsuit)
- Water shoes (old trainers are fine)
- Towel
- Water bottle
- Sun cream
- Sun hat
- Warm layer
- Waterproof for poor weather
- Lunch & 2 snacks (in cool bag)
- Bag/rucksack for all the above!

## **Getting to Cokethorpe School**

Directions to Cokethorpe school can be found on the main school website: [Contact Us | Cokethorpe School](#)

When onsite, please follow the signage to the drop off area and adhere to the one-way system when exiting.

## **Drop off and Collection**

Doors open from 8.30am with final arrival no later than 9.15am. We will not be able to let you in prior to this as staff briefings take place. Collection is between 4.45pm and 5.30pm. Pupils will be supervised throughout this time whilst on an end-of-day activity. Please note you may be liable to be charged for late collection as per the booking policy.

On arrival at Cokethorpe School, please follow the signs to the drop off areas for your age group located by the Mansion House. Parking bays are not marked, please park considerately, follow the one-way signage, and take care crossing the car park. At the Mansion House, you will be greeted by one of our friendly team who will make sure your child has all they need for the day. Once registered and you have said goodbye, they will be taken off to meet the rest of their group. Collection will take place from the same area as drop off.

## **Is there a collection code?**

You will require the four-digit attendance code, provided upon booking to collect your child.

## **What if I am running late for drop off or collection?**

Please try to contact the Camps team as soon as it is possible and safe to do so. If you are later than 5.30 pm then we reserve the right to charge for this time. This is to cover the cost of the two members of staff required to stay to ensure safe supervision.

## **What to expect on camp**

Cokethorpe Camps will have a range of engaging and fun activities throughout the day. A similar programme will be followed each day but will be flexible enough to accommodate the ages and interests of the group as well as the weather! All multi-activity sessions will take place onsite utilising the amazing facilities at Cokethorpe School. Some of the highlights include bushcraft in the woods, capture the flag across the parkland, ball games on the astros, crafts in the art room, Just Dance in the Shed, team games in the sports hall.

Pupils will be only taking part in water sport activities as part of the Watersports or Adventure Camps.

## **What does Watersports Camp involve?**

Lots of fun activities on the water! We have a range of craft available from kayaks to an 18-foot paddle board! The aim is to improve confidence on the water whilst having an amazing time. There will be lots of opportunity to splash about playing games, going on journeys, and learning how to control and paddle different boats. Children will also work towards the Paddle Start Award, a certificate that aims to introduce you to paddle sports!

## **How can I know my child will be safe on Watersports camp?**

The Watersports Camp will involve activities on the river Thames. Such activities are carefully managed, risk assessed and delivered by qualified British Canoeing instructors. Buoyancy aids will be always worn when on or near the water, however we recommended that participants are able to swim 50 meters unaided.

All reasonable precautions will be taken to prevent hazards presenting a danger to participants. However, participants must be aware they too have a personal responsibility for their own safety. Cokethorpe Camps aim to encourage participants to be “risk aware” rather than “risk averse”. We reserve the right to remove a participant from the activity if they are deemed to not be acting sensibly and potentially endangering themselves, others, or the environment.

There is a high chance that campers will fall in at some point on these activities! It is important that all open cuts or wounds are covered with waterproof plasters and that the supervising staff member is made aware of any injuries. Weil’s disease is a rare but existing risk in the UK. Further information on this can be found via the NHS website: [Leptospirosis \(Weil's disease\) - NHS \(www.nhs.uk\)](https://www.nhs.uk/conditions/leptospirosis/)

## **Age Groups, swaps, and changes**

The groupings are there to help ensure a safe and fun environment. There will be some flexibility within the age groups, and we should be able to accommodate pairing requests. Please do let us know at drop off if you would like to be grouped with other specific children on the day who are in the same age group. Grouping children from different age groups is possible but only if space or activity allows.

Please note, any changes to your booking – cancellation or transfer requests, must be made two weeks prior.

## **Lunch & Snacks**

Please ensure you arrive with a healthy packed lunch, snacks, and water bottle. We recommend bringing a snack for the morning and afternoon breaks to help fuel the fun activities throughout the day.

Please be aware that all lunches, snacks, and food need to be **nut free**.

## **Can I check in on my child?**

We would encourage you to speak to the staff at collection time if you would like any feedback. If you really need to get in touch during the day, please use the email or contact details provided to contact a member of the Cokethorpe Camps team.

## **Medication & special educational needs & disabilities**

Please ensure that all medical or dietary requirements are highlighted to Cokethorpe Camps prior to arrival. Any personal medication for the day, including inhalers, epi-pens, or other medication, will need to be signed over to one of the Camp Leaders on arrival.

If anything is changed or you need to update us about any additional needs, please do not hesitate to get in touch by email.

If there are any behavioural patterns, educational needs, or disabilities that we should be aware of please ensure this has been included in the booking form.

## **Camp Contact Details**

Cokethorpe Camps Team email: [camps@cokethorpe.org](mailto:camps@cokethorpe.org)

Camp Leader Contact number: 07704 786805

We request that you inform the School using one of the above methods if your child is absent due to illness or other unforeseen circumstance.

## **Behaviour and Expectations**

In cases where a child is consistently not meeting expectations on behaviour, this will be communicated to the parent or guardian at collection. Cokethorpe Camps reserve the right to remove a participant from the activity if they are deemed to not be acting sensibly and potentially endangering themselves, others or the environment. In rare cases, parents or guardians may be contact during the day for collection. If this behaviour continues, we reserve the right to prohibit the child from attending in the future.

## **Do you have first aiders on site?**

Yes – there will always be at least one paediatric trained first aider on site during the day. We have access to the schools' medical facilities as well as comprehensive portable first aid bags that accompany all activities. If your child requires first aid, this will be recorded by the member of staff and communicated to you on collection.