

Dear Parents, Guardians, and Carers

We are very excited to welcome you to Cokethorpe School as part of the fun, adventurous and exciting water-based activities on offer during Cokethorpe Camps! Below you will find further information that can hopefully answer any questions you may have.

As always, please do feel free to contact us directly via email on camps@cokethorpe.org.

What to wear and bring to camp

- Come dressed in practical outdoor clothing, including shoes (we have changing facilities at the boathouse)
- Clothing to get wet in (board shorts, rash vest and/or wetsuit)
- Water shoes (old trainers are fine)
- Towel
- Water bottle
- Sun cream
- Sun hat
- Warm layer
- Waterproof for poor weather
- Lunch and two snacks (in cool bag)
- Bag/rucksack

Getting to Cokethorpe School

Directions to Cokethorpe School can be found on the main school website: <u>Contact Us | Cokethorpe School</u>

Drop-off and Collection

Pupils will be transported by school minibus to our boathouse and waterside facilities. Collection and drop-off will be from Cokethorpe School main site.

Drop-off will be open from 8.30am with final arrival no later than 9.15am. Collection is between 4.45pm and 5.30pm. Pupils will be supervised throughout this time whilst on an end of day activity. Please note, you may be liable to be charged for late collection as per the booking policy.

On arrival at Cokethorpe School, please follow the signs to the drop-off areas in front of the Mansion House, where you will be greeted by one of our friendly team. We will help ensure you have everything you need for the day before sending your child off to meet the rest of their group. Parking bays are not marked, please park considerately and follow the one-way signage.

Collection will take place from the same area as drop-off. If this is going to be someone different than drop-off, you will need to email ahead authorising this change. You will require the four-digit attendance code to collect your child.

What to expect during the two days

Lots of fun activities on the water! We have a range of craft available from kayaks to an eighteen-foot paddle board! The aim is to improve confidence on the water whilst having an amazing time. There will be lots of opportunity to splash about playing games, going on journeys, and learning how to control and paddle different boats.

Behaviour and Risk Management

The Watersports Camp will involve activities on the River Thames. Such activities are carefully managed, risk assessed and delivered by qualified British Canoeing instructors. Buoyancy aids will be worn at all times when on or near the water, however, we recommended that participants are able to swim 50 metres unaided.

All reasonable precautions will be taken to prevent hazards presenting a danger to participants. However, participants must be aware they too have a personal responsibility for their own safety. Cokethorpe Camps aim to encourage participants to be 'risk aware' rather than 'risk averse.' We reserve the right to remove a participant from the activity if they are deemed not to be acting sensibly and potentially endangering themselves, others, or the environment.

There is a high chance that campers will fall in at some point on these activities! It is important that all open cuts or wounds are covered with waterproof plasters and that the supervising staff member is made aware of any injuries. Watersports staff will be monitoring the conditions of the river and will limit activities if pollutants are present or suspected. Weil's Disease is a rare but existing risk in the UK. Further information on this can be found via the NHS website: Leptospirosis (Weil's disease) - NHS (www.nhs.uk).

Lunch and Snacks

Please ensure you arrive with a healthy packed lunch, snacks and water bottle. We recommend brining a snack for the morning and afternoon breaks to help fuel the fun activities throughout the day.

Please be aware that all lunches, snacks, and food need to be **nut free**.

Medication and special educational needs & disabilities

Please ensure that all medical or dietary requirements are highlighted to Cokethorpe Camps prior to arrival. Any personal medication for the day, including inhalers, epi-pens, or other medication, will need to be signed over to one of the Camp Leaders on arrival.

If anything is changed or you need to update us about any additional needs, please do not hesitate to get in touch by email.

If there are any behavioural patterns, educational needs, or disabilities that we should be aware of, please ensure this has been included in the booking form.

Camp Contact Details

Cokethorpe Camps Team email: camps@cokethorpe.org

Camp Leader Contact number: 07704786805

We request that you inform the School using one of the above methods if your child is absent due to illness or other unforeseen circumstance. School will attempt to contact you if no prior notice is given.

We look forward to greeting you at Cokethorpe Camps!

Camps Team